community ROOTS
REAL FOOD. REAL GROWTH.

MENU

Lunch

NOVEMBER

2 Penne Pasta[WG] with Beef Marinara Sauce	3 Shredded Beef Tamales	4 General Tso Dumplings with Vegetable Fried Rice	5 Pizza	6 Shredded Chicken Sandwich
9 Build Your Own Baked Potato	10 Beef Tacos	11 No School	12 Pizza	13 Hot Dog with Potato Wedges
16 Penne Pasta[WG] with Beef Marinara Sauce	17 Bean and Cheese Nachos	18 Mary's BBQ Chicken Drumstick with Mashed Potatoes, a Roll[WG]	19 Pizza	20 Chicken Sandwich with Potato Wedges
23 Build Your Own Baked Potato	24 Beef Tacos	25 Chicken Nuggets[WG] with Potato Wedges	26 No School	27
30 Penne Pasta[WG] with Beef Marinara Sauce				

All meals served with Clover Sonoma RBST-free 1% or fat free milk.

Menu may vary based on availability.

Community Roots Vision: Nourishing Nevada County students with fresh, locally sourced meals, fostering health, sustainability, and community well-being.

www.communityrootsnc.org

Salad Bar is available everyday with:

- Romaine lettuce
- Cherry tomatoes
- Cucumbers
- Baby carrots
- Broccoli
- Celery
- Fruit

…and more!

DF = Dairy Free
LS = Locally Sourced
WG = Whole Grain

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