community ROOTS
REAL FOOD. REAL GROWTH.

# MENU

NOVEMBER

## Nevada Union HS
## Lunch Specials

| | | | | |
|---|---|---|---|---|
| 2<br>Penne Pasta[WG] with Beef Marinara Sauce | 3<br>Shredded Beef Tamales | 4<br>General Tso Dumplings with Vegetable Fried Rice | 5<br>Pizza | 6<br>Pulled Pork Sandwich |
| 9<br>Build Your Own Baked Potato | 10<br>Burritos | 11<br>No School | 12<br>Pizza | 13<br>Hot Dog with Potato Wedges |
| 16<br>Penne Pasta[WG] with Beef Marinara Sauce | 17<br>Bean and Cheese Nachos | 18<br>Mary's BBQ Chicken Drumstick with Mashed Potatoes, a Roll[WG] | 19<br>Pizza | 20<br>Chicken Sandwich with Potato Wedges |
| 23<br>Build Your Own Baked Potato | 24<br>Burritos | 25<br>Pizza | 26<br>No School | 27 |
| 30<br>Penne Pasta[WG] with Beef Marinara Sauce | | | | |

**Available Every Day:**
Pizza, Deli Sandwiches with Chips, Quesadillas, Bento Boxes, Salad Bar, Parfaits, and Fruit Salad

**Community Roots Vision**: Nourishing Nevada County students with fresh, locally sourced meals, fostering health, sustainability, and community well-being.

www.communityrootsnc.org

All meals served with Salad Bar, fresh fruit and Clover Sonoma RBST-free 1% or fat free milk.

Menu may vary based on availability.

DF = Dairy Free
LS = Locally Sourced
WG = Whole Grain

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