community ROOTS
REAL FOOD. REAL GROWTH.

MENU

NOVEMBER

Bear River HS
Lunch Specials

2 Penne Pasta[WG] with Beef Marinara Sauce	3 Shredded Beef Tamales	4 General Tso Dumplings with Vegetable Fried Rice	5 Pizza	6 Pulled Pork Sandwich
9 Build Your Own Baked Potato	10 Burritos	11 No School	12 Pizza	13 Hot Dog with Potato Wedges
16 Penne Pasta[WG] with Beef Marinara Sauce	17 Bean and Cheese Nachos	18 Mary's BBQ Chicken Drumstick with Mashed Potatoes, a Roll[WG]	19 Pizza	20 Chicken Sandwich with Potato Wedges
23 Build Your Own Baked Potato	24 Burritos	25 Pizza	26 No School	27
30 Penne Pasta[WG] with Beef Marinara Sauce				

Available Every Day:
Pizza, Deli Sandwiches with Chips, Quesadillas, Bento Boxes, Salad Bar, Parfaits, and Fruit Salad

COMMUNITY Nevada County ROOTS

Community Roots Vision: Nourishing Nevada County students with fresh, locally sourced meals, fostering health, sustainability, and community well-being.

www.communityrootsnc.org

All meals served with Salad Bar, fresh fruit and Clover Sonoma RBST-free 1% or fat free milk.

Menu may vary based on availability.

DF = Dairy Free
LS = Locally Sourced
WG = Whole Grain

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